

# AERIAL SILKS

Open to anyone 8 and older—beginners welcome! Dancers will be introduced to basic hangs, knots, climbs, and a variety of skills and poses. Dancers will focus on tapping into their upper body, core, and grip strength, developing body awareness and learning how to fly.

## AERIAL ARTS

CLASS	DAY	TIME	AGE
Silks/Lyra	TUE	7:15-8:00 PM	8-11
Silks/Lyra	WED	5:15-6:15 PM	12+
Silks/Lyra		6:15-7:00 PM	8-11
Silks/Lyra		7:00-8:00 PM	12+

**2020-21**  
*new class!*

### TUITION

- starting at \$68
- multi-class discounts



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